Belleville Runners' Club SPRING THAW 10k-4k

38th Annual Spring Race

Sunday May 14, 2017

10:00am

South
George St
Pier,
Bayshore Trail,
Belleville



Map and Directions:

www.redballradio.com

Race Day Registration: 8:30 -9:30am

Change Facilities Available

Mail or Drop off Entries: Belleville Runners' Club c/o Red Ball Radio Ltd. 6 North Front St. Belleville, ON K8P 3A7 On the web: www.raceroster.com

Contact:

Eric Lindenberg (613) 962 1333 e-mail: eric@redballradio.com website: www.redballradio.com

Draw Prizes and Snacks Provided. Medals to top 3 in each age category.

Advance Entry Fees: 19 under \$10.00 19+ \$20.00 After May 10th and Race Day Entry: 19 under: \$15.00 19+ \$30.00

Pre-order a fine technical polyester T-Shirt for \$10 Extra

Name:		
Address:		
City:	Prov:	Postal Code:
Gender: email:	Age(race day):	Shirt size:
	•	e of this entry, I/We hereby for myself/fa

Waiver: In consideration of your acceptance of this entry, I/We hereby for myself/family, heirs, executors and administrators waive and release any and all rights and claims for damages I/We may have against the Belleville and District Runners Association, their agents, representatives and assigns, the City of Belleville, Athletics Ontario, and Red Ball Radio Ltd. for any and all injuries that may be sustained competing in or travelling to or from said event.

	Participant's Signature
Parent/Guardian	Signature if under 18 years of age

Mark your category		
Age	Distance	
19 und	der	
20-29	10k	
30-39		
40-49		
50-59	4k	
60-69	4K	
70+		