

NEW LIFE GIRLS HOME

7TH ANNUAL RUN WALK BIKE (PROCEEDS WILL BENEFIT NEW LIFE GIRLS HOME)

“MOTIVATE YOURSELF” 2014

SATURDAY JUNE 21ST 2014

HALF MARATHON START TIME: 9:15AM

**5KM / 10KM RUN WALK BIKE AND 30KM
BIKE START TIME: 9:30AM**

RACE DAY REGISTRATION: 8:00AM TO 8:30AM

PRE REGISTRATION: WWW.NEWLIFEGIRLSHOME.COM

As a fund raising event, we thank you in advance for participating. The entry fee is a minimum \$25 donation/pledge (for which a tax receipt can be issued), but we encourage you to collect pledges over and above \$25 from friends and family and have them help you support a wonderful cause.

For your \$25 you will get;

- event t-shirt
- grab-bag!
- post race BBQ!
- chance to win prizes!

For more information, incl pledge sheets and to preregister, please call;

CHARMAINE KOFLER 613-394-3341

JEANETTE WATLING 905-852-0535

or email nlghrunwalkbike@gmail.com

online registration and pledge forms:
www.newlifegirlshome.com

Half Marathon Prizes
1st place \$100
2nd place \$50
3rd place \$25

**New Life Girls Home
(Canada)**

112 Edward Drive
Box 149

Consecon, Ontario
KOK 1T0

Phone (613) 394-3341

**Registered Charity
#131818122 RR0001**



New Life Girls' Home (Canada) is a community based residential program. The program offers help and support to young women struggling with various addictions and disorders. These addictions and disorders may include: drug and alcohol addiction, anorexia and bulimia, and other depressive ailments. The Home is a non-profit charity organization that is dependent on the community for support and recognition. On Saturday June 21st 2014 we will be staging our seventh annual Run/Walk/Bike fund raising event. This event includes people of all ages coming together to run or walk a 5km or 10 km distance, bike a 5km, 10km or 30km distance, or run a 1/2 marathon (21km!). We hope you will join us!

