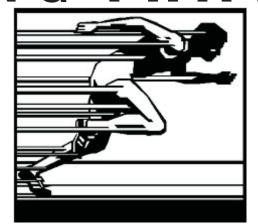
Belleville Runners'Club SPRING THAW 2012

Sunday May 13 2012 10:00am



10km & 4km Road Race 33th Annual Spring Race

Race Day Registration: 8:30am -9:30am

Pre-register by April 29 and receive a nifty technical polyester T-Shirt

Mail or Drop off Entries to:

Belleville Runners' Club c/o Red Ball Radio Ltd. 6 North Front St Belleville, Ontario K8P 3A7

Entry Fee: under 19 \$20.00 19+ \$30.00 Race Day Entry (no shirt) \$30.00 South George St Pier, Bayshore Trail, Belleville Change Facilities Available

Contact:

Eric Lindenberg (613) 962 1333 e-mail: eric@redballradio.com website: www.redballradio.com

Map and Directions at www.redballradio.com

Draw Prizes and Food Provided.

Medals to top 3 in each age category.

Certificates available for all finishers

Circle your category

Name:			Age Race Day:
Sex:	T- Shirt Size S M	L XL	· · · · · · · · · · · · · · · · · · ·
Address:			
email ac	ldress		
executors and have against t the City of 1	consideration of your acceptance of administrators waive and release a the Belleville and District Runners A Belleville, The Belleville Family all injuries that may be sustained	any and all rights an Association, their ag YMCA, The Onta	nd claims for damages I/We may gents, representatives and assigns, ario Road Runners Association,
Belleville and	District Runners Association		
290 Farley Av Belleville ,On K8N 4M1			Participant's Signature
		Parer	nt's Signature if under 18 years of age

10km Fen	nale 💆
19 under	G
20-29	Η
30-39	J
40-49	K
50-59	L
60+	M
4 km Fei	<u>male</u>
14 under	Q
14+	R
	20-29 30-39 40-49 50-59 60+ 4 km Fe r 14 under