

# Belleville Runners' Club

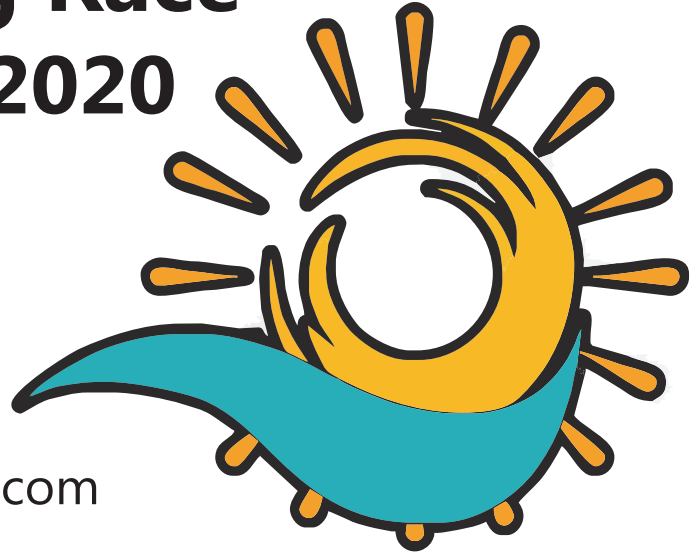
## SPRING THAW 10k - 4k

### 41st Annual Spring Race

Sunday May 10, 2020

10:00am

South George St Pier,  
Bayshore Trail, Belleville



Map and Directions: [www.redballradio.com](http://www.redballradio.com)

Change Facilities Available

Mail or Drop off Entries:  
Belleville Runners' Club  
c/o Red Ball Radio Ltd.  
6 North Front St.  
Belleville, ON K8P 3A7

On the web:  
[www.raceroster.com](http://www.raceroster.com)

**Contact:**

Eric Lindenberg (613) 962 1333  
e-mail: [eric@redballradio.com](mailto:eric@redballradio.com)  
website: [www.redballradio.com](http://www.redballradio.com)

Race Day Registration: 8:30 -9:30am

**Advance Entry Fees:** 19 under \$10.00  
19+ \$20.00

**After May 9th and Race Day Entry:**  
19 under) \$15.00  
19+ \$30.00

### Fundraiser for The Adventure Class

**Draw Prizes and Snacks Provided.**  
Medals to top 3 in each age category.

Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_ Prov: \_\_\_\_\_ Postal Code: \_\_\_\_\_  
Gender: \_\_\_\_\_ Age(race day): \_\_\_\_\_  
email: \_\_\_\_\_

Waiver: In consideration of your acceptance of this entry, I/We hereby for myself/family, heirs, executors and administrators waive and release any and all rights and claims for damages I/We may have against the Belleville and District Runners Association, their agents, representatives and assigns, the City of Belleville, Athletics Ontario, and Red Ball Radio Ltd. for any and all injuries that may be sustained competing in or travelling to or from said event.

\_\_\_\_\_  
Date Participant's Signature

\_\_\_\_\_  
Date Parent/Guardian Signature if under 18 years of age

**Mark your category**  
**Age Distance**

__19 under	
__20-29	__10k
__30-39	
__40-49	
__50-59	
__60-69	__4k
__70+	