

## SPRING THAW 2019 AGE GROUP WINNERS

<u>10KM</u>	<u>MALE</u>	<u>A</u>	<u>TIME</u>	<u>FEMALE</u>	<u>G</u>	<u>TIME</u>
-19	1	<u>Andrew Lupenette</u>	<u>34:22</u>	1	_____	
	2	_____		2	_____	
	3	_____		3	_____	
		<b>B</b>			<b>H</b>	
20-29	1	Tyler Hall	51:16	1	Kellee Smith	49:03
	2	_____		2	_____	
	3	_____		3	_____	
		<b>C</b>			<b>J</b>	
30-39	1	Rob White	36:22	1	Allison Girouard	43:45
	2	Andrew Girouard	51:00	2	Alicia Lain	44:05
	3	_____		3	Terri Pittmann	44:20
		<b>D</b>			<b>K</b>	
40-49	1	Darryl Lupenette	40:05	1	<u>Lisa Bootsma</u>	<u>41:40</u>
	2	Chris Larose	40:50	2	Meg Kynock	42:56
	3	Paul Needham	44:50	3	Angela Money	43:04
		<b>E</b>			<b>L</b>	
50-59	1	David Cannon	44:38	1	Cheryl Jakes	55:48
	2	Ken Lott	47:54	2	Cathy Hunt	57:48
	3	Sean Liddle	54:35	3	_____	
		<b>F</b>			<b>M</b>	
60-69	1	Robert Foster	43:06	1	Avita Baskin	58:32
	2	Rob Haggarty	52:24	2	_____	
	3	John Franklin	55:59	3	_____	
		<b>FF</b>			<b>MM</b>	
70+	1	Martin Beeton	55:33	1	Cathy Rice	56:55
	2	_____		2	_____	
	3	_____		3	_____	

## SPRING THAW 2019 AGE GROUP WINNERS

<u>4KM</u>	<u>MALE</u>	<u>N</u>	<u>TIME</u>	<u>FEMALE</u>	<u>T</u>	<u>TIME</u>
-19	1	Joshua Thomas	18:17	1	Katelyn Sagriff	21:45
	2	Stuart Lupenette	18:48	2	Bella Irvine-Bellemare	28:16
	3	Thomas Lupenette	18:49	3	Makenna Bellemare	36:39
		<b>O</b>			<b>U</b>	
20-29	1	Matt Young	22:34	1	Stephanie Maggiolo	21:44
	2	Josh Martin	30:22	2	Isabella Goneau	22:26
	3	Zack Smith	37:07	3	Miya Hemmersbach	23:41
		<b>P</b>			<b>V</b>	
30-39	1	Corey Maggiolo	18:25	1	<b><u>Leslie Huffman</u></b>	<b>18:48</b>
	2	Jared Bellemare	28:16	2	Kate Primeau	19:32
	3	_____		3	Danielle Murray	20:36
		<b>Q</b>			<b>W</b>	
40-49	1	Bryan Lambert	16:36	1	Tricia Sagriff	19:50
	2	Remco Van Zijl	23:09	2	Cheryl Martin	22:40
	3	_____		3	_____	
		<b>R</b>			<b>X</b>	
50-59	1	<b><u>Lorne Singer</u></b>	<b>16:01</b>	1	Michelle Pothier	18:51
	2	Andrew Forbes	17:25	2	Dianne Kent	19:31
	3	Bill Corner	21:00	3	Patti Molloy	21:00
		<b>S</b>			<b>Y</b>	
60-69	1	_____		1	Allison Haggarty	21:36
	2	_____		2	Carrie Salsbury	24:05
	3	_____		3	Petra Austin	29:26
		<b>SS</b>			<b>Z</b>	
70+	1	_____		1	_____	
	2	_____		2	_____	
	3	_____		3	_____	