

# Canada Day Dash

14th Annual



**Location:**  
Zwicks  
Park West  
Belleville, ON

## 5 km Fun Run

## 1 km Kids Run

**Medals to top 3  
5km runners in  
all categories.**

**Post Race Snacks  
- Draw Prizes**

# Sunday, July 1, 2018 10:00am

Mail or Drop  
Entries to:

Belleville Runners' Club  
c/o Red Ball Radio Ltd.  
6 North Front St.  
Belleville, ON K8P 3A7

**ONLINE at [www.raceroster.com](http://www.raceroster.com)**

**contact: Eric Lindenberg (613) 962 1333**  
[eric@redballradio.com](mailto:eric@redballradio.com) [www.redballradio.com](http://www.redballradio.com)

### Entry Fee (5k)

**\$5.00** before June 25  
**\$10.00** after and Race Day  
**1km Kids Run - FREE**

**Race Day Registration 8:30-9:30**



Name: \_\_\_\_\_ Race Day Age \_\_\_\_\_ email \_\_\_\_\_  
Street \_\_\_\_\_  
City \_\_\_\_\_ Prov \_\_\_\_\_ Postal Code \_\_\_\_\_

Circle your category

WAIVER: In consideration of your accepting this entry, I/We hereby for myself/family, heirs, executors and administrators waive and release any and all rights and claims for damages I/ We may have against the Belleville Runners' Club, Belleville Canada Day Committee, The City of Belleville, their agents, representatives and assigns, for any and all injuries that may be sustained by competing in or travelling to or from said event.

Male - 5km - Female

A 19 and under H  
B 20-29 J  
C 30-39 K  
D 40-49 L  
E 50-59 M  
F 60-69 N  
G 70+ P

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Participant's Signature

Parent/guardian signature if under 18 years of age.

**No registration required for 1km Fun Run**