

Belleville Runners' Club

SPRING THAW 10k - 4k

38th Annual Spring Race

Sunday May 14, 2017

10:00am

South
George St
Pier,
Bayshore Trail,
Belleville



Fundraiser for Sears
National Kids Cancer Ride
and Adventure Class

Map and Directions:
www.redballradio.com

Race Day Registration: 8:30 -9:30am

Change Facilities Available

Mail or Drop off Entries:
Belleville Runners' Club
c/o Red Ball Radio Ltd.
6 North Front St.
Belleville, ON K8P 3A7

On the web:
www.raceroster.com

Contact:
Eric Lindenberg (613) 962 1333
e-mail: eric@redballradio.com
website: www.redballradio.com

Draw Prizes and Snacks Provided.
Medals to top 3 in each age category.

Advance Entry Fees: 19 under \$10.00
19+ \$20.00

After May 10th and Race Day Entry:
19 under) \$15.00
19+ \$30.00

Pre-order a fine technical
polyester T-Shirt for \$10 Extra

Name: _____
Address: _____
City: _____ Prov: _____ Postal Code: _____
Gender: _____ Age(race day): _____ Shirt size: _____
email: _____

Waiver: In consideration of your acceptance of this entry, I/We hereby for myself/family, heirs, executors and administrators waive and release any and all rights and claims for damages I/We may have against the Belleville and District Runners Association, their agents, representatives and assigns, the City of Belleville, Athletics Ontario, and Red Ball Radio Ltd. for any and all injuries that may be sustained competing in or travelling to or from said event.

Participant's Signature

Parent/Guardian Signature if under 18 years of age

Mark your category
Age Distance

__ 19 under	
__ 20-29	__ 10k
__ 30-39	
__ 40-49	
__ 50-59	__ 4k
__ 60-69	
__ 70+	