

# Canada Day Dash

**12th Annual**

**Location:**  
Zwicks  
Park West  
Belleville, ON



**Post Race Snacks - Draw Prizes**

*Fundraiser for:*  
**SEARS NATIONAL  
KIDS CANCER RIDE**



## 5 km Fun Run

**FREE 1KM WALK/RUN**

**Medals to top three 5km runners in all categories.**

### Friday , July 1, 2016 10:00am

Mail or Drop  
Entries to: Belleville Runners' Club  
c/o Red Ball Radio Ltd.  
6 North Front St.  
Belleville, ON K8P 3A7  
or [www.raceroster.com](http://www.raceroster.com)

### Entry Fee (5k)

**\$8.00** before June 25  
**\$10.00** after and Race Day

**contact: Eric Lindenberg (613) 962 1333**  
[eric@redballradio.com](mailto:eric@redballradio.com) [www.redballradio.com](http://www.redballradio.com)

Name: \_\_\_\_\_ Race Day Age \_\_\_\_\_ email \_\_\_\_\_  
Street \_\_\_\_\_  
City \_\_\_\_\_ Prov \_\_\_\_\_ Postal Code \_\_\_\_\_

WAIVER: In consideration of your accepting this entry, I/We hereby for myself/family, heirs, executors and administrators waive and release any and all rights and claims for damages I/ We may have against the Belleville Runners' Club, Belleville Canada Day Committee, The City of Belleville, their agents, representatives and assigns, for any and all injuries that may be sustained by competing in or travelling to or from said event.

**Circle your category**

Male - 5km - Female 

- A 19 and under H
- B 20-29 J
- C 30-39 K
- D 40-49 L
- E 50-59 M
- F 60-69 N
- G 70+ P

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\_\_\_\_\_  
Participant's Signature

\_\_\_\_\_  
Parent/guardian signature if under 18 years of age.

**No registration req'd  
for 1km Fun Run**