

Canada Day Dash



Location:
Zwicks
Park West
Belleville, ON



Post Race Snacks
Change Facilities
close by
Draw Prizes

5 km Fun Run **FREE 1KM WALK/RUN**

Medals to top three 5km runners in all categories.

Tuesday, July 1, 2014 10:00am

Mail or Drop Entries to:
Belleville Runners' Club
c/o Red Ball Radio Ltd.
6 North Front St.
Belleville, ON K8P 3A7
or www.raceroster.com

Entry Fee (5k)
\$8.00 before June 25
\$10.00 after and Race Day

contact: Eric Lindenberg (613) 962 1333
eric.lindenberg@gmail.com www.redballradio.com

Name: _____ Race Day Age _____ email _____
Street _____
City _____ Prov _____ Postal Code _____

WAIVER: In consideration of your accepting this entry, I/We hereby for myself/family, heirs, executors and administrators waive and release any and all rights and claims for damages I/ We may have against the Belleville Runners' Club, Belleville Canada Day Committee, The City of Belleville, their agents, representatives and assigns, for any and all injuries that may be sustained by competing in or travelling to or from said event.

Belleville Runners' Club
c/o Red Ball Radio Ltd.
6 North Front St
Belleville, ON K8P 3A7

Participant's Signature

Parent/guardian signature if under 18 years of age.

Circle your category

- Male - 5km - Female
- | | |
|----------------|---|
| A 19 and under | H |
| B 20-29 | J |
| C 30-39 | K |
| D 40-49 | L |
| E 50-59 | M |
| F 60-69 | N |
| G 70+ | P |

**No registration req'd
for 1km Fun Run**