

Belleville Runners' Club

SPRING THAW 10k - 4k

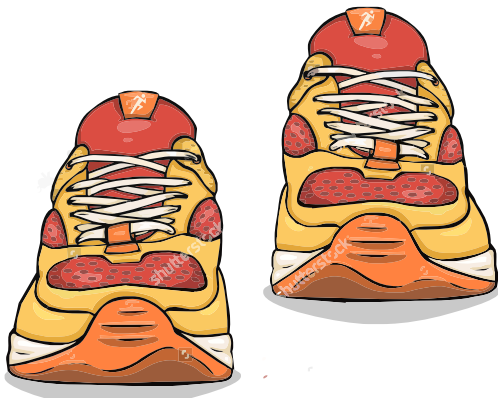
37th Annual Spring Race

Sunday

May 8

2016

10:00am



**Fundraiser for Sears
National Kids Cancer Ride
and Adventure Class**

Map and Directions:
www.redballradio.com

Race Day Registration: 8:30 -9:30am

**South George St Pier,
Bayshore Trail, Belleville**
Change Facilities Available

Mail or Drop off Entries:

Belleville Runners' Club
c/o Red Ball Radio Ltd.
6 North Front St.
Belleville, ON K8P 3A7

On the web:

www.raceroster.com

Contact:

Eric Lindenberg (613) 962 1333
e-mail: eric@redballradio.com
website: www.redballradio.com

Draw Prizes and Food Provided.

Medals to top 3 in each age category.

Entry Fee: under 19 \$15.00
19+ \$25.00
Race Day Entry (no shirt) \$25.00

**Pre-register by April 26 to
receive a swell technical
polyester T-Shirt**

Name : _____ Age Race Day: _____

Sex: _____ T- Shirt Size S_ M_ L_ XL_

Address: _____

email address _____

Waiver: In consideration of your acceptance of this entry, I/We hereby for myself/family, Heirs, executors and administrators waive and release any and all rights and claims for damages I/We may have against the Belleville and District Runners Association, their agents, representatives and assigns, the City of Belleville, The Belleville Family YMCA, The Ontario Road Runners Association, for any and all injuries that may be sustained competing or travelling to or from said event.

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6 North Front St.
Belleville ,Ontario
K8P 3A7

Participant's Signature _____

Parent's Signature if under 18 years of age _____

Mark your category	
Age	Distance
___ 19 under	
___ 20-29	___ 10k
___ 30-39	
___ 40-49	
___ 50-59	
___ 60-69	___ 4k
___ 70+	