

Belleville Runners' Club SPRING THAW 2012

**Sunday
May 13
2012
10:00am**



**10km & 4km
Road Race
33th Annual
Spring Race**

Race Day Registration: 8:30am -9:30am

Pre-register by April 29 and receive a nifty technical polyester T-Shirt

Mail or Drop off Entries to:
*Belleville Runners' Club
c/o Red Ball Radio Ltd.
6 North Front St
Belleville, Ontario K8P 3A7*

Entry Fee: under 19 \$20.00
19+ \$30.00
Race Day Entry (no shirt) \$30.00

South George St Pier,
Bayshore Trail, Belleville
Change Facilities Available

Contact:
Eric Lindenberg (613) 962 1333
e-mail: eric@redballradio.com
website: www.redballradio.com

Map and Directions at
www.redballradio.com

Draw Prizes and Food Provided.
Medals to top 3 in each age category.

Certificates available for all finishers
Circle your category

Name : _____ Age Race Day: _____
Sex: _____ T- Shirt Size S_ M_ L_ XL_
Address: _____

email address _____

Waiver: In consideration of your acceptance of this entry, I/We hereby for myself/family, Heirs, executors and administrators waive and release any and all rights and claims for damages I/We may have against the Belleville and District Runners Association, their agents, representatives and assigns, the City of Belleville, The Belleville Family YMCA, The Ontario Road Runners Association, for any and all injuries that may be sustained competing or travelling to or from said event.

Belleville and District Runners Association
290 Farley Ave.
Belleville, Ontario
K8N 4M1

Participant's Signature

Parent's Signature if under 18 years of age

Male	10km	Female
A	19 under	G
B	20-29	H
C	30-39	J
D	40-49	K
E	50-59	L
F	60+	M
Male	4 km	Female
N	14 under	Q
P	14+	R