

# Canada Day Dash

13th Annual



Medals to top 3  
5km runners in  
all categories.

## 1 km Kids Run | 5 km Fun Run



CANADA 150  
1867-2017

Location:  
Zwicks  
Park West  
Belleville, ON

Post Race Snacks - Draw Prizes

# Saturday, July 1, 2017 10:00am

Mail or Drop Entries to: Belleville Runners' Club  
c/o Red Ball Radio Ltd.  
6 North Front St.  
Belleville, ON K8P 3A7

ONLINE at [www.racerooster.com](http://www.racerooster.com)

contact: Eric Lindenberg (613) 962 1333  
eric@redballradio.com www.redballradio.com

### Entry Fee (5k)

**\$5.00** before June 25  
**\$10.00** after and Race Day  
**1km Kids Run - FREE**

**Race Day Registration 8:30-9:30**



Name: \_\_\_\_\_ Race Day Age \_\_\_\_\_ email \_\_\_\_\_  
Street \_\_\_\_\_  
City \_\_\_\_\_ Prov \_\_\_\_\_ Postal Code \_\_\_\_\_

Circle your category

WAIVER: In consideration of your accepting this entry, I/We hereby for myself/family, heirs, executors and administrators waive and release any and all rights and claims for damages I/ We may have against the Belleville Runners' Club, Belleville Canada Day Committee, The City of Belleville, their agents, representatives and assigns, for any and all injuries that may be sustained by competing in or travelling to or from said event.

Male - 5km - Female

- |   |              |   |
|---|--------------|---|
| A | 19 and under | H |
| B | 20-29        | J |
| C | 30-39        | K |
| D | 40-49        | L |
| E | 50-59        | M |
| F | 60-69        | N |
| G | 70+          | P |



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Participant's Signature

Parent/guardian signature if under 18 years of age.

**No registration required for 1km Fun Run**